



# West Walkers Schedule

## May to August 2010

- All walks start at **9:00 am** and last approximately 1 hour
- For more information, contact Linda Godin from the City of Hamilton Public Health Services at (905) 546-2424 ex.2244 or [lgodin@hamilton.ca](mailto:lgodin@hamilton.ca)

<b>Date</b>	<b>PLACE</b>	<b>DIRECTIONS</b>
May 6	Chedoke	Take Studholme Rd. off Aberdeen and stay to left. Meet in golf course parking lot.
May 13	Rail Trail	Main St W to Ewen Road. Turn left (south). Go right on Ofield. The parking lot is on right, in hydro field.
May 20	Cherry Hill Gate	York Blvd. to Plains Rd. Left into first section of Rose Garden lot. \$
May 27	Arboretum	York Blvd. to Old Guelph Rd. Park on big circle in Arboretum. \$
June 3/10	Dundas Valley Conservation Area	Main St. W. to Osler, left on South St., left on Lynden, trail entrance at Lynden and Little John.
June 10	Sherman Falls	Main W. to Lions Club Rd. to intersection at Old Dundas Rd. Falls are located in the woods to the left. Park on Lions Club Rd.
June 17	The Hermitage <i>Approx. 1-1/2 hour walk. Bring refreshments.</i>	Main W./Wilson St. (Ancaster), turn right onto Sulphur Springs Rd. (2.45 km) to parking lot. \$\$
June 24	Chedoke Golf Club	Take Studholme Rd. off Aberdeen and stay to left. Meet in golf club lot.
July 1	HAPPY CANADA DAY! <i>No walk today.</i>	

July 8	Princess Point (South Shore Trails)	King St. W. of 403, north on Macklin St. N. to parking lot at Princess Point. \$
July 15	Hamilton Lakefront Walk <i>Walk starts at 10:30a.m., followed by lunch at Barranga's Restaurant (optional).</i>	QEW to Centennial Parkway/Hwy 20, turn left on Van Wagner's Rd. Park in Hutch's parking lot.
July 22	Arboretum	York Blvd. to Old Guelph Rd. Park on big circle in Arboretum. \$
July 29	Hillfield/Bruce Trail Walk	Mohawk to West 18 <sup>th</sup> N. Park at end of road.
August 5	Dundas Valley Conservation Area	See above
Aug. 12	Cherry Hill Gate	York Blvd. to Plains Rd. Park on big circle in Arboretum. \$
Aug. 19	North Shore Trails (Cootes)	Main St. W. to Cootes Dr. to Olympic Dr. Drive past the garden centre to trail parking lot and sign on right.
Aug. 26	LaSalle Park	Plains Rd. to Waterdown Rd. Turn rt. and continue to LaSalle Park.

\$ = may be a charge for parking