

West Walkers



The West Walkers group at the top of the Chedoke trail

West Walkers is a group who like to see a variety of trails in the west end of Hamilton. They have been walking as a group since 2002 and meet every Thursday morning at 9 a.m. at a variety of scenic trails for one hour walk.

The Group walks several different trails:

- * trails going west and east from Chedoke Golf Club
- * the Rail Trail, Bayfront trail starting from both ends
- * south shore trails starting at the Aviary and Princess Point
- * north shore trails starting from the Arboretum
- * trails that begin at Cherry Hill Gate.
- * and several new walks created in 2009

Most average walkers would have no problem with the pace and difficulty of these walks. The group allows members to experience trails that they might otherwise not walk on their own. West Walkers meet year round.

For a schedule of walks, visit

www.doitwell.ca/downloads/West_Walkers_Schedule_May_to_Sept_2009.pdf

For more information on this group, contact Linda Godin at 905.546.2424 x2244 (City of Hamilton Public Health Services)